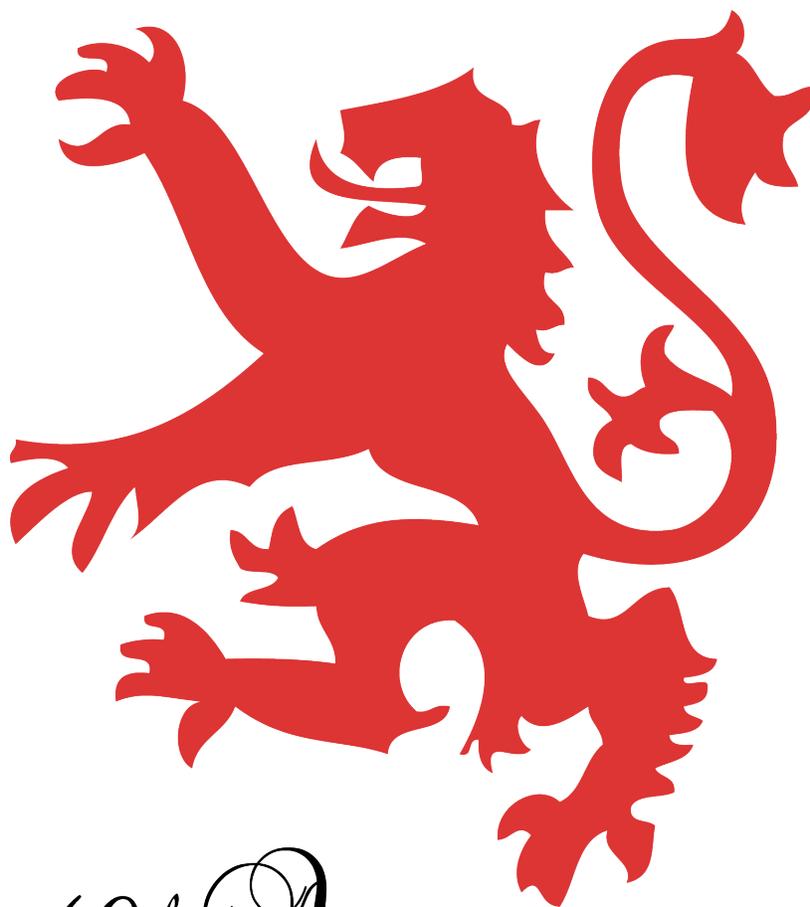


Toronto Scottish R.F.C. Player Handbook



60th Anniversary
TORONTO SCOTTISH
RUGBY FOOTBALL CLUB
1953—2013

(The things you need to know when playing for the Toronto Scottish Mens Team)

**ARTICLE 1:
REGISTRATION**

- 1.1 **No player shall take the field without first registering and paying the appropriate fees.** All players are responsible for paying their full dues by the designated dates in order to be eligible to play. Failure to do so will result in you NOT being selected to play or allowed to practice until the matter is resolved.
- (a) Dates:
- (i) **April 30, 2013 And thereafter – Minimum \$225.**
 - (ii) **June 30, 2013 (fully paid)**

**ARTICLE 2:
CODE OF CONDUCT**

- 2.1 Members of the Toronto Scottish Rugby Football Club (the “Scottish”) shall maintain a high standard of moral and ethical conduct, which includes self control and responsible behaviour, consideration for the physical and emotional well-being of others and good manners on the field and in public places where Scottish events are being held and while traveling to and from such places.
- 2.1 Members shall co-operate in ensuring that the spirit and Letter of the Laws of the Game are upheld.
- 2.2 Members shall accept and observe the authority and decisions of referees, touch judges, Match Officials and all other rugby disciplinary bodies, including the Scottish Men’s and/or Women’s disciplinary panel, being the Captain, Coach, and Club Manager (the “Panel”).
- 2.3 Members shall refrain from any sort of intimidation and threats to the above mentioned bodies.
- 2.4 Members shall not engage in any conduct or any activity on or off the field that may impair public confidence in the honest and orderly conduct of a Match, tour, tournament or series of matches or in the integrity and good character of any person.
- 2.5 Members shall not do anything that adversely affects the Game of Rugby, the Scottish, any member Union or any commercial partner of the Game.
- 2.6 Members of the Scottish have a responsibility for the behaviour of their supporters while attending Scottish events.

- 2.7 Members of the Scottish shall abstain from the use of illegal drugs and the immoderate use of alcohol. For greater certainty, consumption of alcohol will not serve as a defense or explanation or in any way excuse any behaviour deemed inappropriate by the Panel. Each member is completely and solely responsible for his or her own actions at all times.
- 2.8 No member of the Scottish shall commit a criminal offence while engaged in a Scottish competition or activity or while traveling to and from such places.
- 2.9 The Panel has the jurisdiction to suspend individuals from participation in Scottish games and/or social activities. Length of sanctions will depend on the severity of the offense. In order to deal with unacceptable behaviour, a White & Black Card system has been adopted.
- 2.10 White and Black cards will be used to regulate and control the conduct of ALL Scottish members, teams and their spectators. These cards may be issued by the Panel before, during, or after a competition or event. It will be left to the discretion of the Panel as to the severity of the penalty for each particular incident.
- (a) White Card: Member will automatically be put on probation. Members receiving a white card must leave the game or activity site immediately. Failure to leave immediately will result in a Black Card.
- (b) Black Card: Member will be automatically be suspended from ALL Scottish competitions and activities. The Member must then meet with the Panel before the suspension can be lifted regardless of the duration of the suspension.
- 2.11 Players wishing to contest a suspension may request a meeting with the current board of directors.

ARTICLE 3 PRACTICES:

- 3.1 Players are requested to attend both Tuesday and Thursday practices, failure to do so may result in you either not getting selected to start or getting re-deployed down to a lower team. **If you are unable to attend training you must contact your respective team captain by text/email and or telephone no later than 4pm that day.**
- 3.2 **It's your duty to have their contact details. Contact details are on the club website.**
- 3.3 As a practicing club member you are expected to be ready to train at the assigned start time. **Be at training for 6:00pm, dressed and ready for 6:30pm.**

- 3.4 At each training session you are required to bring cleats, a rugby jersey, rugby shorts, running shoes, mouth guard and water.
- 3.5 Each player must help the equipment manager(s) collect the tackle bags, suits, hit shields, balls, cones and assist getting them to a car when requested.
- 3.6 **At the end of the season ALL equipment including game day jerseys need to be returned to the Director of Rugby for off season storage at a central location decided by the Board of Directors.**

ARTICLE 4 GAME DAYS:

- 4.1 **Off-field - players are required to wear a club polo shirt and khaki Trousers/shorts before and after every game** if attending a post match function at Fletchers, our sponsors bar or an away game.
- 4.2 **On-field – players are required to wear club white rugby shorts and red club socks both with the lion motif. Red Scottish warm-up tops should be worn for pre-game practice.**
- 4.3 **All players are to report to their team captain at the field no later than 1 hour before scheduled kick off time and be ready for warm up 45 minutes before game-time. Players showing up late risk being dropped from the starting line ups by the coaching staff/captain and club manager.**
- 4.4 Each player is responsible for their own transportation to the game. **Team Captains may decide to organise weekly meeting points and they are your contact person in this regard. If you're not at practice contact them by telephone no later than Friday 6pm to facilitate transportation. The Scottish Facebook page and email is a viable form of communication to find a ride.**
- 4.5 **After every Thursday training, the captains will designate one player from each team to do the duties of washing the jerseys after the forthcoming Saturday game. This will be a rotating job and will start at position #1 and move across the team.**
- 4.6 Every home game the Toronto Scottish play the members of the club are required to contribute \$5 towards feeding the opposition and themselves. If you are not staying after the game, then a charge of \$2.50 is required to feed your opponent.
- 4.7 Players are required to pay a \$5 entrance fee for every home game at Fletchers Fields. These fees help with the operating costs of Fletchers Fields.
- 4.8 Away games – If the club travels to an away game by bus you are responsible to be at the designated meeting point on time. There will be a bus fee collected

(usually \$20) which provides you with transportation and beverages after the game. Please be prepared to be away for the entire day (Typically from 9am to 9pm)

- 4.9 If the club is not taking a bus to an away game it is your responsibility to find a ride and meet at the field 1 hour before game time (fully dressed and ready for warm up 45 minutes prior to kick off)

ARTICLE 5 FINES

- 5.1 The following fines apply throughout the rugby season and will be collected by team captains prior to kick off every Saturday for previous indiscretions during that week. **WE ARE OPERATING A STRICT NO PAY/NO PLAY RULING IN THIS REGARD :**
- (a) Not responding to availability email by Tuesday 4pm (\$5)
 - (b) Arriving late on match day (\$5), Within 30 minutes of kick off (\$10).
 - (c) Not wearing appropriate Scottish club attire (\$5 per item)
 - (d) Arriving late on away game bus days (\$1 per minute late, no maximum).
 - (e) Not showing on game day after confirming availability (players cancelling must inform your captain or director of rugby no later than Friday by 9pm by telephone and/or email).
 - (i) 1st offence - \$50 and a meeting with Coaches/Captain and Club Manager.
 - (ii) 2nd offence - \$100 and a meeting with President and VP.
- 5.2 Funds from the accumulated fines will be used at the discretion of the Director of Rugby and the Team captains for social events/beverages throughout the season.